

## PULLING BACK THE VEIL: Prayer

### DAY I: PREPARE TO PRAY

READ Ephesians 6:18-20.

What does this verse teach about how intentional we should be about our prayer life?

Of all the different kinds of praying we did at the worship service, which was most meaningful to you?

What kind of prayer would you most like to make a part of your life?

Today MAKE a list of all the things you'd like to pray about as part of your regular prayers.

We prayed three written prayers last weekend. The Prayer of St. Fursey is found in the weekend outline. The Prayer of St. Francis & The Prayer of St. Patrick can be found online with a simple Google search. MAKE one of these prayers a part of your prayers this week.

### DAY II: PRAY THE SCRIPTURE

Praying the scriptures can be one of the most impacting and life-changing experience for a follower of Jesus. We prayed three scriptures during our worship service. CHOOSE one of those or a different favorite verse and pray the passage, making it personal. Let the words of the scripture become your heart's cry. EXPECT God to meet you powerfully. The Psalms are a great place to start.

Continue to ADD requests to your intercessory prayer list.

# WARRIOR IV

### DAY III: WRITE A PRAYER

READ the personal prayer written in the outline from last weekend. What do you like or dislike about this prayer?

Take some time today to WRITE a prayer. Putting your prayer down on paper allows God to meet you in a creative and personal way. It can become a wonderful ongoing tool for prayer as well as a record of God's faithfulness on your journey.

CONTINUE to gather requests for your intercessory prayer list. If you're interested in being part of the e-mail prayer team at church, E-MAIL the church office ~ [lisa@jacobswellec.org](mailto:lisa@jacobswellec.org)

READ Psalms 55:17. PRAY your personal prayer three times today.

### DAY IV: JUST DO IT

READ Mark 1:35; Luke 11:1. What was Jesus' pattern of prayer? Why do you think Jesus' disciples asked Him to teach them to pray?

READ Ephesians 6:19-20. PRAY for those who serve God overseas as missionaries. Pray for Josh & Tammy Hunt who serve in East Asia.

START to plan your prayer by organizing your intercessory prayer list into different groups. For example, GROUP those who are sick, those who are out of work, personal struggles, people who need a relationship with Jesus, leaders and so forth. When you finish, DECIDE which day of the week you'll pray for each group. You'll need a list of daily prayer requests.

### DAY V: PRAYER IN COMMUNITY

READ James 5:16-18; Matthew 18:19-20. Prayer becomes more powerful in a group. PRAY about joining an existing prayer group, gathering a group of friends and starting a prayer group or challenging your existing group to begin practicing more active prayer as part of your time together. For more info about prayer in groups, E-MAIL our Small Groups Pastor Chris ~ [chriswhetstone@jacobswellec.org](mailto:chriswhetstone@jacobswellec.org)

FINISH organizing your prayer list. ADD prayer as an appointment on your daily calendar. CONCLUDE the day by praying through your prayer list. COMMIT to pray tomorrow... and take it one day at a time.